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Know how to take prudent decision related to independent or assisted living after retirement

By Chateau Cupertino (Open Post) (/users/chateau-cupertino8a802f4907aa7d823b0b40a96603b7474871ecd2a6f67a091bf50e45d527aa33)

🕒 Updated January 28, 2014 at 10:29 pm | +

Life after retirement needs to be planned well in advance. Apart from financial aspects the planning should also include crucial decisions related to retirement living pattern. Good news is that with so many retirement living options available, elders have enough flexibility to take up a suitable one matching their budgets and convenience. Many senior housing communities have come up which offer excellent arrangements for independent or assisted living. Thus the senior not only enjoys a serene surrounding amidst lots of greenery but also excels in a grand ambiance with all modern amenities. The only thing which is suggested is to navigate through such wide range of options and make a prudent choice. It is very important to weigh pros and cons of every alternative. Rather than taking impromptu decision about independent retirement homes or the assisted ones, make sure that you are armed with in-depth information about both living options.

Independent retirement living

When someone is going for this option, it typically means that the senior is capable of taking own care. He/she prefers living in an independent environment but no more wants to go through daily household chores or take up hassles of home maintenance. They prefer company of same age group and interests. They desire to remain physically fit and socially active. With independent retirement living, all these and much more, can be easily achieved.

There are well managed retirement homes which offer such **independent living** (<http://www.chateau-cupertino.com/independentplus.html>) arrangements with all modern amenities. Sprawling campuses with blooming gardens, elegantly furnished apartments, condos or small cottages, sparklingly clean swimming pool, well equipped gyms, libraries, tranquil walking trails and nicely decorated dining spaces where residents can enjoy tasty and healthy home-style meals; these are few reasons why people are falling for such homes. And of course, you don't have to worry about housekeeping, laundry or other household chores. Above all, it is the home like ambiance and chateau like grandeur which ensure that seniors enjoy their stays at the independent retirement living home.

Assisted living

This is a viable option when the senior is suffering from different ailments, memory loss or old age related problems. These reduce his/her ability to stay independently but then they don't want to shift to a nursing home. Assisted living offers complete privacy and autonomy but with necessary assistance whenever the elder needs so. The assistance comes in different forms. While housekeeping, laundry, transportation or dining are few basic options offered by all assisted living homes, level of special care is decided, based on the resident's condition.

Which is the better option:-

Lots of thoughts are going on into making life comfortable, safe and pleasurable after retirement. Many retirement homes adopt a balanced approach so that residents can enjoy benefits of both independent retirement as well as assisted living. Thus it is

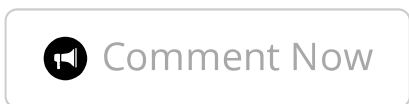
advisable to explore such kind of retirement homes which offers the best of both worlds. Talk to the home assistant to know about facilities and services offered by them before taking the final decision.

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Varying sign-up deadlines are in December and February.

Elderly Los Gatos Man Could Not Watch Wife In Pain 'Anymore So He Killed Her' (/california/losgatos/elderly-los-gatos-man-could-no-longer-watch-wife-pain-anymore-so-he-killed-her)



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The 80-year-old man last month was found with an abdominal wound, lying in bed next to his
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